



# FOOD FOR THOUGHT

Cafe 50's West L.A. 11623 Santa Monica Blvd., L.A. 90025 (310) 479-1955 April 2015

## MIKE PINGREE'S 'THROUGH THE LOOKING GLASS' (Bizarre News Stories)

**YOU'VE BEEN A VERY NAUGHTY PLAINTIFF:** A Connecticut lawyer, frustrated with his client's fidgeting in his office while he was preparing her to testify, pulled her across his lap, lifted her skirt and gave her a spanking. She sued him.

**GERONIMOOO! UH-OH!** A 54-year-old man, skydiving for the first time, let out a war whoop as he leapt from a plane 9,000 feet above Vermont causing his false teeth to go flying out of his mouth. The episode was videotaped, and his friends really get a kick out of watching it.

**SACRE BLEU! COVER YOURSELF, MON AMI!** After sunbathing on the French Mediterranean, people have been stepping off the beach and walking semi-nude through the upscale resort of La Grande-Motte to their hotels, upsetting shopkeepers and retirees who live there. Police now give first-time offenders a large T-shirt. After that, they are fined.

**HELL HATH NO FURY:** Acting on a tip from the private investigator she hired, a wife went to a Houston hotel where she found her unfaithful husband with another woman and lit into them in the lobby with a screaming confrontation in which she ripped off her romantic rival's shirt. She then followed them outside, got into her silver Mercedes and hit her husband with it sending him sailing 25 feet. Police said she then ran him over three times, killing him, and then parked the car on top of him. She told police it was an accident.

## A good pun is its own reward.

- Energizer Bunny arrested - charged with battery.
- A man's home is his castle, in a manor of speaking.
- A pessimist's blood type is always b-negative.
- Dijon vu - the same mustard as before.
- Practice safe eating - always use condiments.
- I fired my masseuse today. She just rubbed me the wrong way.
- A Freudian slip is when you say one thing but mean your mother.
- I used to work in a blanket factory, but it folded.
- I used to be a lumberjack, but I just couldn't hack it, so they gave me the ax.
- If electricity comes from electrons... does that mean that morality comes from morons?
- A hangover is the wrath of grapes.
- Corduroy pillows are making headlines.
- Does the name Pavlov ring a bell?
- A successful diet is the triumph of mind over platter.
- Time flies like an arrow. Fruit flies like a banana.
- A gossip is someone with a great sense of rumor.
- Without geometry, life is pointless.
- When you dream in color, it's a pigment of your imagination.
- Reading whilst sunbathing makes you well-red.
- When two egotists meet, it's an I for an I.

## April Fool's Day...

*This is the day upon which we are reminded of what we are on the other three hundred and sixty-four.* -Mark Twain

## CRACKING KNUCKLES

The Pocket Encyclopedia of Aggravation

by Laura Lee

If you have a friend or coworker who habitually cracks his knuckles, you would probably like me to tell you that it causes cancer, AIDS, ozone depletion and nuclear war. Anything that would scare the person enough to make him STOP!!! Sorry, I can't help you.

What happens inside the hands of a person who cracks his knuckles may be damaging to your nerves, but it's not particularly damaging to the knuckle cracker. Each joint is surrounded by fluid which fills the gap between the bones. Ligaments surround the whole thing and hold the joints together. When you put pressure on your finger, the pressure drops between the bones and the ligament is pulled in by the small vacuum. At the same time, gas is forced out of the knuckle forming a bubble. The bubble takes up the space between the bones, and the ligament snaps back into its original position with that (horrible) familiar popping sound.

Contrary to popular belief, habitual knuckle cracking does not cause arthritis or deformed joints. As Dr. Dave Hnida told *CBS This Morning*, "Probably the biggest problem with cracking your knuckles is that it annoys everybody else that you're around." If you are looking for an honest reason to dissuade that knuckle-cracking neighbor, however, one study of people who had regularly cracked their knuckles over a period of 35 years showed that they had slightly swollen joints and a weaker grip than non knuckle crackers. If you're the one in the habit of cracking your knuckles, doctors recommend doing something else like squeezing on a tennis ball, which will strengthen the muscles instead of weakening them. And do the rest of us a favor... do it in private!

## How To Go On A Cheap Vacation

Did you know that midweek departures often cost less when you are traveling to leisure destinations? According to Kimberly Lisagor in *USA Weekend*, timing often dictates what price you will pay—down to the year, month, week and day. Midweek room rates are often discounted as well in hotspots such as Florida, Hawaii, Mexico and the Caribbean.

If you do go to the Caribbean, choosing the right season can save you some dollars as well, say Lisagor. She recommends that you consider vacationing during off-peak season in the Caribbean. While most people go to enjoy a break from winter weather, the weather in that region is actually milder and the waters are calmer in the summer—and that's when hotels cost less.

Most people think the only way to get good deals on flights is to book at least 21 days ahead. But Lisagor says that flexible travelers can find cheap tickets by using the "Tuesday night rule." That's when a lot of airlines release their sales, and then other airlines jump to match those deals by evening.

## Cafe 50's West L.A. News:

Friday, April 24<sup>th</sup> is our 27 year Anniversary at Cafe 50's!!! We would like to thank all of you for your continued support and loyalty. We know you have many choices as to where you can dine in West Los Angeles. We are VERY grateful that you choose US! ...THANK YOU!!! - Your Cafe 50's Crew !



## What a difference an hour makes!

One of the biggest reasons we change our clocks to Daylight Saving Time (DST) is that it saves energy. Energy use and the demand for electricity for lighting our homes are directly connected to when we go to bed and when we get up. Bedtime for most of us is late evening through the year. When we go to bed, we turn off the lights and TV.

In the average home, 25 percent of all the electricity we use is for lighting and small appliances, such as TVs, VCRs and stereos. A good percentage of energy consumed by lighting and appliances occurs in the evening when families are home. By moving the clock ahead one hour, we can cut the amount of electricity we consume each day.

Studies done by the U.S. Department of Transportation show that we trim the entire country's electricity usage by about one percent EACH DAY with Daylight Saving Time.

Daylight Saving has been used in the United States and in many European countries since World War I, when the system was adopted in order to conserve fuel needed to produce electric power. In 1918, in order to conserve resources for the war effort, Congress placed the country on Daylight Saving Time for the remainder of WW I. It was observed for seven months in 1918 and 1919. The law, however, proved so unpopular (mostly because people rose earlier and went to bed earlier than we do today) that the law was later repealed in 1919 over President Wilson's veto. It was continued in a few states (Massachusetts, Rhode Island) and some cities (New York, Philadelphia, Chicago, and others).

During World War II, the United States observed year-round Daylight Saving Time (from February 2nd, 1942 to September 30th, 1945). From 1945 to 1966, there was no federal law about Daylight Saving Time. So, states and localities were free whether to observe or not to observe Daylight Saving Time and could choose when it began and ended. This, however, caused confusion – especially for the broadcasting industry, and for railways, airlines, and bus companies. Because of the different local customs and laws, radio and TV stations and the transportation companies had to publish new schedules every time a state or town began or ended Daylight Saving Time.

By 1966, some 100 million Americans were observing Daylight Saving Time based on their own local laws and customs. Congress decided to step in, end the confusion and establish one pattern across the country. The Uniform Time Act of 1966 (15 U.S. Code Section 260a) which was signed into Public Law 89-387 on April 13, 1966, by President Lyndon Johnson, created Daylight Saving Time to begin on the last Sunday of April and to end on the last Sunday of October. Any State that wanted to be exempt from Daylight Saving Time could do so by passing a State law. Legislation enacted in 1986 officially started Daylight Saving Time. This year for the fifth time, Daylight Savings time was started 4 weeks earlier!

*2015 Daylight savings started on March 8th!  
Remember... "SPRING forward, FALL back." - Craig*

## Origins of the Easter Bunny

Next to Santa Claus, the Easter Bunny is probably the most beloved bringer of gifts to small children. This famous symbol of spring was originally associated with Eostre, a German goddess of fertility who was often depicted with a rabbit companion. Both rabbits and eggs, not surprisingly, are considered symbolic of fertility.

The bunny as a symbol of Easter was first mentioned in German writings during the 16th century, and edible bunnies made of pastry and sugar were made in Germany during the 19th century. The Easter Bunny was introduced to American children by German settlers in the Pennsylvania Dutch region in the 1700s.

Children were encouraged to build colorful nests and hide them in their homes. If the children had been good, the Osterhase (German for 'Easter bunny') leave brightly colored eggs in the nests.

## April Fool's!

It is no surprise that when something appears in our media, we are inclined to believe it. Check out [www.museumofhoaxes.com/aprilfool.html](http://www.museumofhoaxes.com/aprilfool.html) for a number of hoaxes!

### The Left-Handed Whopper

Burger King published a full page advertisement in *USA Today* announcing the introduction of a new item to their menu: a "Left-Handed Whopper" specially designed for the 32 million left-handed Americans. According to the advertisement, the new Whopper included the same ingredients as the original Whopper (lettuce, tomato, hamburger patty, etc.). However, the left-handed Whopper had "all condiments rotated 180 degrees, thereby redistributing the weight of the sandwich so that the bulk of the condiments will skew to the left, thereby reducing the amount of lettuce and other toppings from spilling out the right side of the burger." Jim Watkins, Senior Vice President for marketing at Burger King, was quoted as saying that the new sandwich was the "ultimate 'HAVE IT YOUR WAY' for our left-handed customers." The advertisement then noted that the left-handed Whopper would initially only be available in the United States, but that the company was "considering plans to roll it out to other countries with large left-handed populations." The following day Burger King issued a follow-up release revealing that although the Left-Handed Whopper was a hoax, thousands of customers had gone into restaurants to request the new sandwich. Simultaneously, according to the press release, "many others requested their own 'right handed' version."

Follow Cafe 50's on.....

twitter

facebook

### Not so Famous Quotes...

- Everyone has a photographic memory. Some just don't have film.
- Save the whales. Collect the whole set.
- A day without sunshine is like, well, night.
- One the other hand, you have different fingers.
- Back up my hard drive? How do I put it in reverse?
- I just got lost in thought. It was unfamiliar territory.
- When the chips are down, the buffalo is empty.
- Seen it all, done it all, can't remember most of it.
- I feel like I'm diagonally parked in a parallel universe.
- You have the right to remain silent. Anything you say will be misquoted and then used against you.
- I wonder how much deeper the ocean would be without sponges.
- Honk if you love peace and quiet.
- Atheism is a non-prophet organization.
- He who laughs last, thinks slowest.

A photographer was invited to dinner with friends and took along a few pictures to show the hostess. "These are very good!" she commented. "You must have a good camera."

At the end of the evening the photographer thanked the hostess and said, "That was a really delicious meal! You must have very good pots."

**A hothead seldom sets the world on fire....**

**A temper displayed in public is indecent exposure.**

***I don't want to achieve immortality through my work.  
I want to achieve it through not dying. – WOODY ALLEN***

## FADS FROM THE '50s!!!

### Coonskin Caps

The coonskin cap became a hot commodity in late 1954 with the debut of Walt Disney's *Davy Crockett, Indian Fighter*. Crockett, as played by Fess Parker, looked so impressive in his rugged coonskin headgear that the hat became the most popular of all the Davy Crockett products, which together netted Disney a cool hundred million dollars.

In 1954, television's *The Wonderful World of Disney* started airing Davy Crockett episodes, starring Parker, as part of its Frontierland segment. Little did the show's producers realize that they were igniting one of the greatest marketing bonanzas of the 1950s.

The show's Crockett episodes focused on the noted frontiersman's experiences as a United States senator and his adventures in the great outdoors. They became enormously popular among young boys, and at Disney this sparked a keen interest in the marketing possibilities. Its merchandising department went into high gear and started producing a range of Davy Crockett items, including western apparel, lunch boxes, and play sets. And, of course, plenty of Davy's trademark coonskin caps.

While the caps were most popular with young boys, many adults – among them presidential candidate Senator Estes Kefauver, who wore one at numerous public appearances – donned them as well.

The third installment of Disney's Davy Crockett saga portrayed Davy's death at the Alamo. With Davy six feet under, Disney pulled the plug on the show in December of 1955. The popularity of the coonskin cap died off as well. Maybe it was just as well – the craze had caused a shortage of raccoon tails!

- Mark A. Long, BAD FADS

Note: Today you can find the 'Coonskin' caps at Disneyland's Frontier land. - Craig

(They are no longer made with real raccoon tails!)

If you look inside our Plexiglas Toy collage over table # 33 (ask your server) – on the sides of the "Lawman" lunch box, you can see authentic Disney *Davy Crockett* trading cards!

### Steven Wright Quotes:

- I almost had a psychic girlfriend but she left me before we met.
- OK, so what's the speed of dark?
- When everything is coming your way, you're in the wrong lane.
- Ambition is a poor excuse for not having enough sense to be lazy.
- I intend to live forever – so far, so good.
- If Barbie is so popular, why do you have to buy her friends?
- Eagles may soar, but weasels don't get sucked into jet engines.
- If at first you don't succeed, then skydiving definitely isn't for you.
- The hardness of the butter is proportional to the softness of the bread.
- To steal ideas from one person is plagiarism; to steal from many is research.
- Monday is an awful way to spend 1/7<sup>th</sup> of your life.
- The sooner you fall behind, the more time you'll have to catch up.
- Change is inevitable... except from vending machines.
- If you think nobody cares about you, try missing a couple of payments.
- I'd kill for a Nobel Peace Prize.
- Borrow money from pessimists – they don't expect it back.
- My socks DO match. They're the same thickness.
- My dental hygienist is cute. Every time I visit, I eat a whole package of Oreo cookies while waiting in the lobby. Sometimes she has to cancel the rest of the afternoon's appointments.
- A lot of people are afraid of heights. Not me. I'm afraid of widths.

## A Challenge for your Friends

Turn to your friend and say, "I'll bet you can't stick out your tongue and touch your nose."

Your friend will try, but he/she will fail.

Now say, "I'll bet I can stick out my tongue and touch my nose."

Your friend will probably say, "No way!"

You say, "I'll show you how."

With that, *-stick out your tongue and touch your nose with your finger.*

### The Big Push

Take a piece of paper and cut a hole in it.

Make the hole about the size of a quarter.

Tell your friend, "I'll bet that I can push you through this hole in the paper."

Your friend will probably say, "I'll bet you can't."

*(Take the piece of paper and hold it up to their body.*

*Then take your finger, put it through the hole, and push them.)*

### Funny stuff...

A woman drove me to drink and I never even had the courtesy to thank her. - W.C. Fields

"I finally got my boss to laugh out loud."

"Did you tell him a joke?"

"No, I asked for a raise!"

*When I say he's a born executive,  
I mean his father owns the business.*

April 15<sup>th</sup>:

We know it is true that we're wicked,  
That our criminal laws are lax;  
But here's to punishment for the man-  
Who invented our income tax.

My mother taught me about envy:

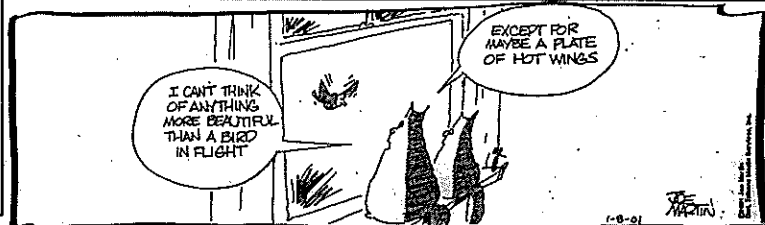
"There are millions of less fortunate children in this world who don't have wonderful parents like you do!"

A gorilla walks into a bar and says, "A scotch on the rocks, please." The gorilla hands the bartender a \$20 bill.

The bartender thinks to himself, "This gorilla doesn't know the prices of drinks," and gives him 15 cents change.

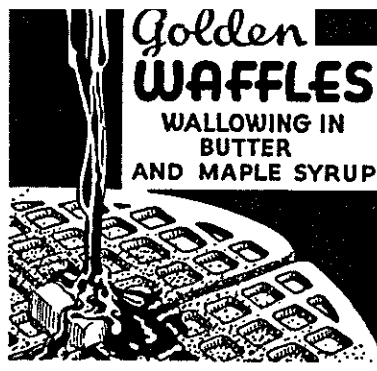
The bartender says, "You know, we don't get too many gorillas in here."

The gorilla replies, "Well, at \$ 19.85 a drink, I ain't coming back, either."



You know you're over 50 if...

- Swimming or wading in the ocean brings back memories of the movie *Jaws*.
- You can sing "99 Red Balloons" in English and German.
- You're starting to believe that maybe having kids go to school year-round wouldn't be such a bad idea after all.
- You did the Le Freak with Chic.
- In high school, you and all your friends made elaborate plans to get together again at the end of the century and play "1999" by Prince over and over again.
- You owned a Jordache anything, or you remember when Jordache jeans were really cool.
- You actually thought that 'bell bottoms' were a necessary purchase.
- You can remember John Travolta as 'Vinny Barbarino'.



**Waskaly Wabbit?...**

Our Grandson has a pet rabbit named "Wabbit." One day David came home from school and found that Wabbit had injured a front foot and couldn't walk. He was rushed to the veterinary clinic. After examining Wabbit, the vet returned him to the front desk. Entered on his medical chart was this diagnosis: "Wabbit Gilbert. Wist not bwoken, onwy spwained. Spwint not necessary."

—Contributed to *The Reader's Digest* by Esther Gilbert

The Obituary

A man died and his wife called the local newspaper to place an obituary ad.

"This is what I want to print: Murray is dead." The newspaper man said, "But for \$45 you can print six words."

"All right, then *print*: Murray is dead. Toyota for sale."



**WHEAT CAKES**

*Before you give somebody a piece of your mind, be sure you can get by with what you have left.*

**Cafe 50's APRIL: Calendar of Events**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>APRIL FOOL'S MONTH</b></p>	<p><b>Trivia Tuesdays</b> 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of the Month!! 8pm Win Cool Prizes!!</p>	<p>- National Humor Month - National Poetry Month</p>	<p>1 1950-Senator McCarthy claims that 75% of Washington's Govt. Employees are homosexual! <i>Kids eat FREE!</i> w/ Adult Meal.</p>	<p>2 1915- Bluesman Muddy Waters was born.  Chocolate, Vanilla Strawberry Shakes \$2.98 6-10pm</p>	<p>3 1959: U.S. begins study of nuclear fallout from tests.  Clam Chowder \$3.99 (6- 10pm)</p>	<p>4  FREE a la mode Today with any slice of cake or pie 11-8pm  <b>Magician: Clark</b></p>
<p>5 1952 : A series of Atomic Bomb tests begins in Nevada.  <b>Magician: Nathan</b> 11am-2pm</p>	<p>6 1958: Arnold Palmer wins Masters golf title  Burgers &amp; Omelets 50%OFF 6pm-10pm with purchase of a drink</p>	<p>7 1957: <i>New York City's last electric trolley run thru Manhattan.</i> Buy one Sandwich with a friend- get one FREE! 6pm-10pm with purchase of 2drinks <b>8pm Trivia Contest!!</b></p>	<p>8 1953 - The Minneapolis Lakers edge the NY Knicks 91-84. Win NBA  <i>Kids eat FREE!</i> w/ Adult Meal.</p>	<p>9 1961-Russian Cosmonaut Yury Gagarin is first person in space orbiting the earth once. Chocolate, Vanilla Strawberry Shakes \$2.98 6-10pm</p>	<p>10  Clam Chowder \$3.99 (6- 10pm)</p>	<p>11. 1951: Truman fires General McArthur for publicly questioning U.S. foreign policy. --March 17 MacArthur gets here's welcome in San Francisco.  <b>Magician: Mike</b> 11am-2pm</p>
<p>12 1953: Bill Haley records <i>Rock around the Clock</i>.  <b>Magician: David</b> 11am-2pm</p>	<p>13 1958: Van Cliburn wins Moscow piano contest. Championship! Burgers &amp; Omelets 50%OFF 6pm-10pm with purchase of a drink</p>	<p>14 1957: <i>Twelve Angry Men</i> with Henry Fonda premieres. Buy one Sandwich with a friend- get one FREE! 6pm-10pm with purchase of 2drinks</p>	<p>15 1950: President Truman begins his 6<sup>th</sup> Year.  <i>Kids eat FREE!</i> w/ Adult Meal.</p>	<p>16 1953: Queen Elizabeth II launches the royal Yacht Britannia - <i>Holocaust Remembrance Day!</i> Chocolate, Vanilla Strawberry Shakes \$2.98 6-10pm</p>	<p>17 1953: Mickey Mantle hits a 565 foot Home Run! Albert Einstein Died (1955) - Fish &amp; Chips Only \$8.97 (6pm - 10pm)</p>	<p>18 1954: Nasser becomes Egyptian premier (and Dictator!)  <b>Magician: Nathan</b> 11am-2pm</p>
<p>19 1956: Grace Kelly marries Prince Rainer of Monaco  <b>Magician: Micah</b> 11am - 2pm</p>	<p>20 1954: U.S. begins flying French troops to Vietnam.  Burgers &amp; Omelets 50%OFF 6pm-10pm with purchase of a drink</p>	<p>21 1954: Hudson &amp; Nash/Kelvinator merge to become American Motors. Buy one Sandwich with a friend- get one FREE! 6pm-10pm with purchase of 2drinks <b>8pm Trivia Contest!!</b></p>	<p>22 1952: One million viewers see Nevada atomic blast live.  <i>Kids eat FREE!</i> w/ Adult Meal.</p>	<p>23 1956: U.S. Supreme Court upholds integration of public transportation  Chocolate, Vanilla Strawberry Shakes \$2.98 6-10pm</p>	<p>24 1953:Winston Churchill dubbed a Knight.  -Clam Chowder \$3.99 (6- 10pm) - Fish &amp; Chips Only \$8.79 6pm - 10pm</p>	<p>25 1953: Senator Wayne Morse ends longest speech in history- 22 hours, 26 minutes on Offshore Oil Bill. Try our Free range Turkey Sausage and Egg Breakfast! <b>Magician : Tam</b> 11am-2pm</p>
<p>26 1956: Elvis Presley tops the pop chart with Heartbreak Hotel. -Lox Benedict! <b>Magician: Nathan</b> 11am-2pm</p>	<p>27 1953: U.S. offers \$50,000 &amp; political asylum to communist pilots for delivery of MIG jet. Burgers &amp; Omelets 50%OFF 6pm-10pm with purchase of a drink</p>	<p>28 1951: Mohammed Mossadegh elected president of Iran Buy one Sandwich with a friend- get one FREE! 6pm-10pm with purchase of 2drinks</p>	<p>29  <b>PAJAMA Party</b> 6pm -10pm</p>	<p>30 1954: A New England inventor gets patent for snow-making machine!</p>	<p><b>April 24... Cafe 50's West L.A</b> <b>27 Year Anniversary!!!</b></p>	<p><b>-KEEP AMERICA BEAUTIFUL MONTH!!</b></p>